

Éducation  
et Enseignement  
supérieur

Québec 



# SPIRITUAL CARE AND GUIDANCE *AND* COMMUNITY INVOLVEMENT SERVICE

*A BRIEF EXPLANATION OF THE  
GOVERNMENT SERVICE*

*Presented by:  
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Éducation  
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supérieur

Québec



*WHAT IS...*

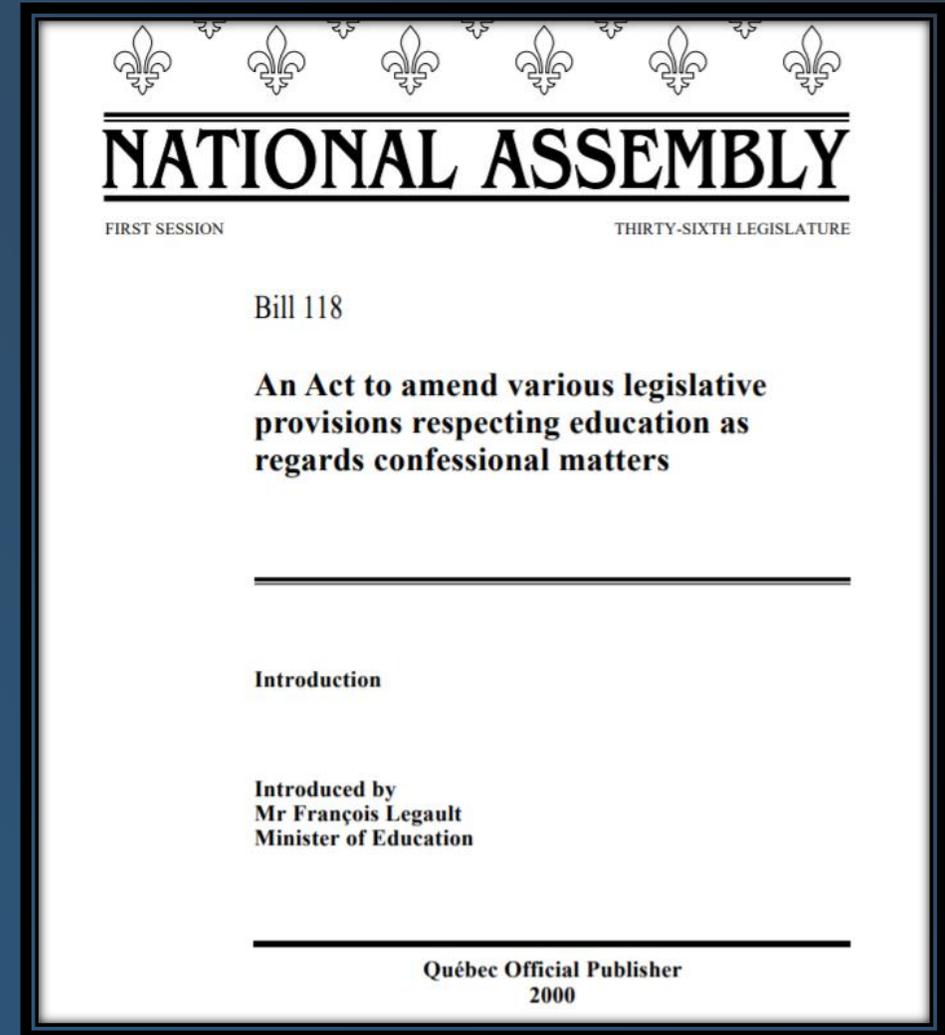
**THE SPIRITUAL CARE  
AND GUIDANCE AND  
COMMUNITY  
INVOLVEMENT SERVICE?**





# Bill 118 (2000)

- “The repeal of the confessional status of public schools means that it will no longer be possible, even in exceptional circumstances, for a public school to adopt a specific religious persuasion or to serve as a place of instruction for **one religion** in particular.”
- “Student services providing pastoral care and guidance for Catholics and religious care and guidance for Protestants are replaced by student services in **spiritual care and guidance and community involvement.**”





# Education Act (2000)

- **Art. 36**

A school shall, in particular, facilitate the **spiritual development** of students so as to promote self-fulfillment.

- **Art. 226**

Every school board shall ensure that schools offer to all students student services for **spiritual care and guidance and community involvement**.

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Updated to June 30, 2018  
This document has official status.

chapter I-13.3  
**EDUCATION ACT**

**TABLE OF CONTENTS**

**CHAPTER I  
STUDENTS**

**DIVISION I  
STUDENTS' RIGHTS..... 1**

**DIVISION II  
COMPULSORY SCHOOL ATTENDANCE..... 14**

**DIVISION III  
STUDENTS' OBLIGATIONS..... 18.1**

**CHAPTER II  
TEACHERS**

**DIVISION I  
TEACHERS' RIGHTS..... 19**

**DIVISION II  
TEACHERS' OBLIGATIONS..... 22**

**DIVISION III  
TEACHING LICENCE..... 22.1**

§ 1. — Conditions relating to an application for a teaching licence..... 25.1

§ 2. — Declarations of a person holding a teaching licence..... 25.3

§ 3. — Serious fault or derogatory act committed by a person holding a teaching licence..... 26

§ 4. — Decisions of Minister regarding teaching licences..... 34

**CHAPTER III  
SCHOOLS**



Food for the body is not  
enough. There must be  
food for the soul.

— Dorothy Day

# **DUALITY OF THE ROLE**

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## **SPIRITUAL CARE AND GUIDANCE**



**Help students develop spiritually through a pluralistic approach. Engage in spiritual practices through focus on the commonalities of the World's Major religions**



## **COMMUNITY INVOLVEMENT**



**Provide opportunities for students to get involved in their communities**



# What is Spirituality?

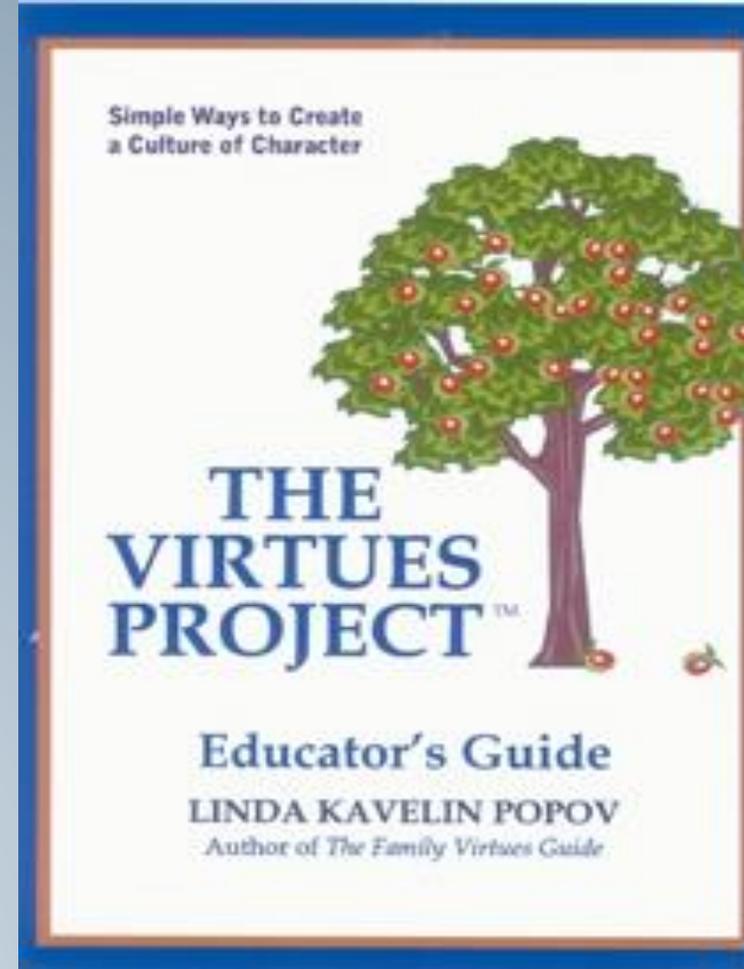
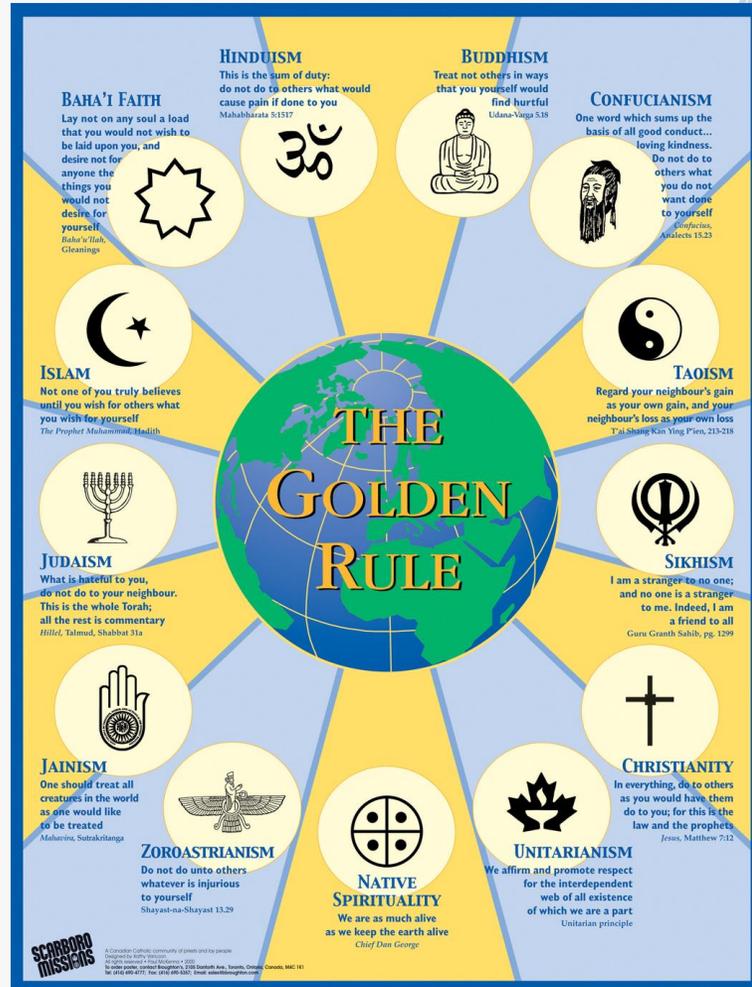
“The quality that involves deep feelings and beliefs of a religious nature, rather than the physical parts of life.”

- Cambridge Dictionary

- “Relating to or affecting the human spirit or soul as opposed to material or physical things.”

- Oxford Dictionary

# Our Resources



# OUR TITLE

SPIRITUAL CARE AND  
GUIDANCE AND  
COMMUNITY  
INVOLVEMENT  
ANIMATOR

**VS**

SPIRITUAL AND  
COMMUNITY  
ANIMATOR



# The Service in Action

The Spiritual Care and Guidance and Community Involvement Service

# SPIRITUAL DEVELOPMENT



# SPIRITUAL DEVELOPMENT

**Meditation**

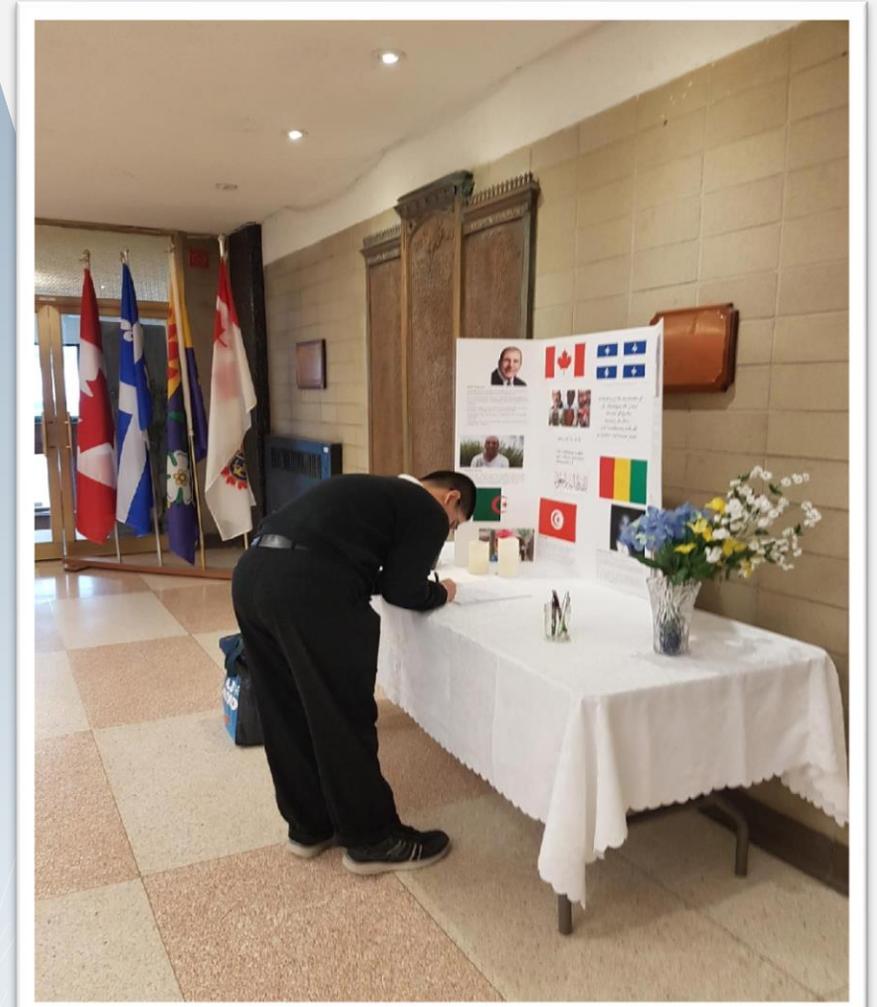


**Virtues Program**



# SPIRITUAL DEVELOPMENT

## The Golden Rule

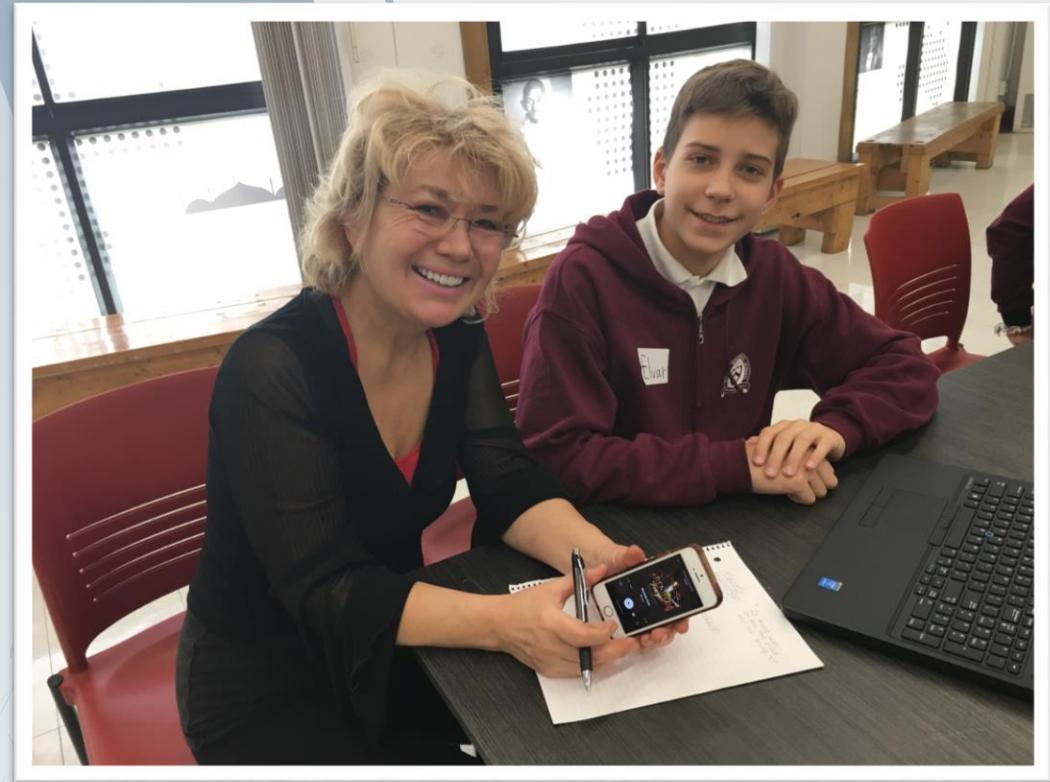




# COMMUNITY INVOLVEMENT

# COMMUNITY INVOLVEMENT

## Visiting Senior Residences



# COMMUNITY INVOLVEMENT

**Donating to the needy**

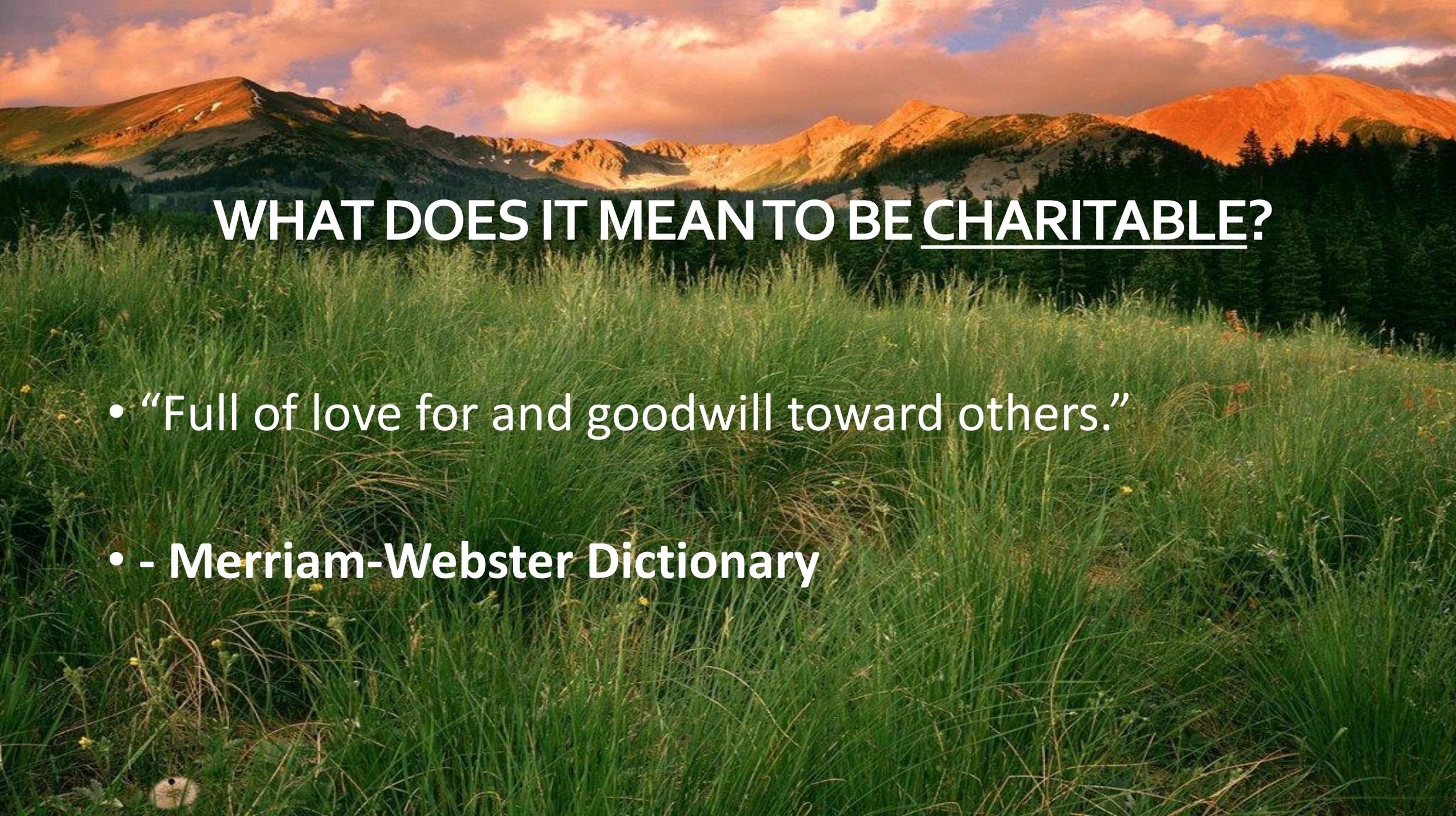


**Volunteering at food shelter**



# CHARITY





# WHAT DOES IT MEAN TO BE CHARITABLE?

- “Full of love for and goodwill toward others.”
- - Merriam-Webster Dictionary

# What types of things can we be charitable with?



**Things**



**Time**



**Talents**

A scenic landscape featuring a calm blue lake in the middle ground, reflecting the sky and surrounding greenery. The background consists of rolling green hills under a bright blue sky with scattered white clouds. The foreground is a vibrant, bright green field. The overall scene is peaceful and natural.

**Why is charity important?**

- **Research has shown that charity has been around since the beginning of mankind where humans needed to work in groups to survive. Being charitable and sharing was the only way to survive.**



# Harvard Business School Study

- **Conducted a study in 2011 that examined the effects of charity and kindness on happiness, and found that people are happiest when they are being charitable.**





# **Charity is Promoted through Religion**



# Buddhism



- In Buddhism, generosity is one of the Ten Perfections and is the antidote to the self-chosen poison called greed.
- These perfections help achieve enlightenment.



# Christianity



Christians follow the teachings of Jesus. Jesus is quoted as saying:

*If anyone wants to sue you and take your shirt, let him have your coat also. Whoever forces you to go one mile, go with him two. Give to him who asks of you, and do not turn away from him who wants to borrow from you.*

**(Matthew 5:40-44)**



# Islam



- In Islam the Quran states that whatever we give away generously, with the intention of pleasing God, He will replace it. God knows what is in the hearts of men. Say: “Truly, my Lord enlarges the provision for whom He wills of His slaves, and also restricts it) for him, and whatsoever you spend of anything (in God’s Cause), He will replace it. And He is the Best of providers.” (Quran 34:39)



# Judaism



- “Tzedakah” is charitable giving, typically seen as a moral obligation.

# Brainstorming Sessions

- What are some ways that you can demonstrate charity towards your family?
- In your opinion, what effects will this have on them?



# **My Challenge to you...**

- **Developing your, and your children's, spiritual life through meditation, gratitude and charity.**

# THANK YOU

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